

PEAK Quality Initiative to Reduce Dialysis Mortality

Performance Excellence and Accountability in Kidney Care (PEAK) was a voluntary quality improvement campaign undertaken by Kidney Care Partners and the kidney community to reduce mortality among first-year dialysis patients on a national level. The PEAK Campaign to reduce mortality in the first year focused on increasing the importance of patient education and key clinical care activities.

18 Best Practices

Clinical Tools and Resources

- 1 Avoid catheter insertion or remove catheters within 90 days of dialysis initiation
- 2 Reduce vascular morbidity and mortality for first year dialysis patients
- 3 Systematically evaluate and manage nutrition and inflammation
- 4 Systematically test for anemia and intervene accordingly
- 5 Optimal dialysis dosing and choice of treatment option
- 6 Systematically evaluate and treat abnormalities of CKD-MBD in adults with CKD Stage 5

Patient and Family Tools and Resources

- 7 Offer hope, courage and support to patients
- 8 Enhance and maintain quality of life by incorporating an individual and holistic educational approach
- 9 Educate patients to improve their understanding of kidney disease
- 10 Provide depression screening, education, and treatment to patients
- 11 Educate/coach patients on the principles, techniques, and value of partnering with their inter-disciplinary health care team
- 12 Support patient efforts to live the best possible quality of life
- 13 Provide culturally competent (patient-centered) care
- 14 Depression requires attentiveness to screening and management
- 15 Offer hope, courage, and support to families, friends, and caregivers
- 16 Provide support and resources to guide patients/families
- 17 Support and provide appropriate treatment to families, friends, and caregivers who are dealing with psychosocial issues
- 18 Coach families, friends, and caregivers in the principles, techniques, and value of partnering with the patient and his or her inter-disciplinary health care team

Saving Lives Through a Commitment to Quality Improvement

Decline in 1-Year Mortality Rate

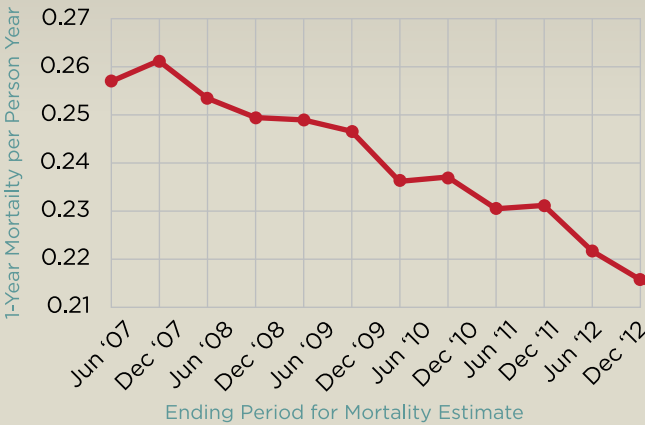


Decline in 90-Day Mortality Rate



PEAK

1-Year Mortality Rate



90-Day Mortality Rate

